

Food • Drinks • Prizes • Silent Auction

4<sup>TH</sup> ANNUAL

# TEE OFF *for*

# T.E.A.L.

FUND FOR HOPE

Hope in Finding a Cure and Raising Awareness  
for Ovarian & Gynecological Cancers



TOPGOLF

## SEPT. 21, 2024

A benefit for the T.E.A.L. Fund at the Rio Grande Cancer Foundation



RIO GRANDE  
CANCER FOUNDATION®

  
**T.E.A.L.**  
Timely Education Awareness Love  
FUND FOR HOPE



FOOD • DRINKS • PRIZES • SILENT AUCTION • HOPE IN FINDING A CURE AND RAISING AWARENESS FOR GYNECOLOGIC CANCERS



**TOPGOLF**

4<sup>TH</sup> ANNUAL

**TEE OFF**  
for  
**T.E.A.L.**  
FUND FOR HOPE

# SEPT. 21

**9:00 am – 12:00 pm**

DOORS OPEN AT 8:30 AM

- **\$100** Per Player
- **\$550** Bay for 6 Players
- **\$35** Spectator Admission  
Adults & kids 3 yrs and older  
Includes buffet (*Kids under 3 are free*)

**REGISTER AT [www.rgcf.org](http://www.rgcf.org)**  
**DEADLINE TO REGISTER IS SEPTEMBER 10, 2024**

Join us for a morning of fun and competition at the 4<sup>th</sup> Annual **Tee Off for T.E.A.L. Topgolf Tournament**. All proceeds from this event will benefit the **T.E.A.L. Fund** at the **Rio Grande Cancer Foundation (RCGF)** and remain in El Paso to help women in need of support for gynecologic cancers as well as local research for ovarian cancer.

#### The Event Includes The Following:

- 3 Hours of Tournament Style Topgolf Play
- Silent Auction and Raffle
- All-American Buffet
- Bottomless Non-Alcoholic Beverages



RIO GRANDE  
CANCER  
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Thank You  
To Our Sponsors



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## SPONSORSHIP OPPORTUNITIES



### REGISTER ONLINE

Scan the code or go to [RGCF.com](https://rgcf.com) and click on the Tee Off for TEAL banner on the homepage. Deadline to register is Sept. 10, 2024.



### FOUNDATION STAR \$5,000

- Logo on all marketing material & swag towel
- Recognition on RGCF.org  
RGCF social media & e-newsletter
- Recognition on digital display on event day
- Bay Dedication
- 2 Teams of 6 Players
- 12 Swag Bags
- All-American Buffet & Bottomless Non-Alcoholic Beverages
- VIP Experience
- Commemorative Mug



### PLATINUM \$2,500

- Logo on all marketing material & swag towel
- Recognition on RGCF.org  
RGCF social media & e-newsletter
- Recognition on digital display on event day
- Bay Dedication
- 1 Team of 6 Players
- 6 Swag Bags
- All-American Buffet & Bottomless Non-Alcoholic Beverages
- VIP Experience
- Commemorative Mug



### GOLD \$2,000

- Recognition on RGCF.org  
RGCF social media & e-newsletter
- Recognition on digital display on event day
- Bay Dedication
- 1 Team of 6 Players
- 6 Swag Bags
- All-American Buffet & Bottomless Non-Alcoholic Beverages
- VIP Experience



### SILVER \$1,500

- Recognition on RGCF  
social media & e-newsletter
- Bay Dedication
- 1 Team of 6 Players
- 6 Swag Bags
- All-American Buffet & Bottomless Non-Alcoholic Beverages
- VIP Experience



### BRONZE \$1,000

- Recognition on RGCF  
social media & e-newsletter
- Bay Dedication
- 1 Team of 6 Players
- 6 Swag Bags
- All-American Buffet & Bottomless Non-Alcoholic Beverages
- VIP Experience



### DO YOU HAVE SOMETHING WONDERFUL FOR OUR SILENT AUCTION?

If you would like to donate something for our silent auction, like retail items or gift certificates, please contact Cindi Martinez at RGCF, (915)562-7660 [CMartinez@rgcf.org](mailto:CMartinez@rgcf.org)

FOOD • DRINKS • PRIZES • SILENT AUCTION  
HOPE IN FINDING A CURE AND RAISING AWARENESS FOR GYNECOLOGIC CANCERS



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## SPONSORSHIP COMMITMENT FORM

T.E.A.L. FUND FOR HOPE Fundraiser  
A benefit for the T.E.A.L. Fund at the Rio Grande Cancer Foundation  
Topgolf El Paso | September 21, 2024



### REGISTER ONLINE

Scan the code or go to RGCf.com  
and click on the Tee Off for TEAL  
banner on the homepage.  
Deadline to register is Sept. 10, 2024.

Please return form with payment  
to guarantee reservation by **July 15, 2024.**

### SPONSORSHIP LEVEL

|                                                                                    |                       |         |                          |
|------------------------------------------------------------------------------------|-----------------------|---------|--------------------------|
|   | Foundation Star ..... | \$5,000 | <input type="checkbox"/> |
|   | Platinum .....        | \$2,500 | <input type="checkbox"/> |
|   | Gold .....            | \$2,000 | <input type="checkbox"/> |
|   | Silver .....          | \$1,500 | <input type="checkbox"/> |
|  | Bronze .....          | \$1,000 | <input type="checkbox"/> |

### CONTACT INFORMATION

Name: \_\_\_\_\_

Company Name: \_\_\_\_\_

Address: \_\_\_\_\_

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Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

### CREDIT CARD INFORMATION

☐ Visa ☐ MasterCard ☐ Discover ☐ AMEX

Name: \_\_\_\_\_

Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Security Code: \_\_\_\_\_ Amount Total: \_\_\_\_\_



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Forms may be returned via e-mail to: CMartinez@rgcf.org

Please make checks payable to: Rio Grande Cancer Foundation

For more information please contact: Cindi Martinez via email at CMartinez@rgcf.org  
Rachel Barraza at 915-373-6115 or Ruben Schaeffer at 915-820-6744.

# T.E.A.L.

Timely Education Awareness Love

## FUND FOR HOPE

### MY STORY

My name is Rachel Schaeffer Barraza. I am a proud, native El Pasoan, a 2004 Coronado High School graduate, and a recipient of a B.S. degree in Kinesiology and a minor in Biology from the University of Texas at El Paso in 2008. I was fortunate to attend UTEP on a softball scholarship and subsequently worked as a graduate assistant coach for the softball team while pursuing my Master's Degree in physical therapy. In December 2011, I received my Doctorate in Physical Therapy, a field in which I am currently working. I am the daughter to Ruben and Rita, and a mother to miracle babies, Hope and Mia. I am blessed to be a two-time ovarian cancer survivor.



I was originally diagnosed in 2009. The diagnosis came as a shock, as I was a young healthy female athlete and never considered that my health concerns were connected to cancer. They call it the silent killer because symptoms are often disguised/misdiagnosed as GI problems. Ovarian cancer ranks fifth in cancer deaths among women and mainly develops in women over 63 years of age. I was only 23 years old. I underwent surgery to remove one ovary but was fortunate that no other treatment was needed at that time.

In August 2011, the cancer returned. This time I underwent six rounds of chemotherapy and experienced all the side effects that come with treatment. I met other young women like me, who had been diagnosed young, and others who had been misdiagnosed when it was too late.

I realized how important it was to share my journey with others, knowing that recognizing the signs and symptoms of ovarian cancer in its earliest stages, is the only sure way to combat the disease. To this end, we established the T.E.A.L. Fund in 2011. T.E.A.L. stands for Timely, Education, Awareness, and Love, as teal is the ribbon color that represents ovarian cancer. The fund has since provided financial support, education, and early detection awareness (for all gynecologic cancers) to women through the programs and services offered at the Rio Grande Cancer Foundation.

I can now celebrate over ten years of being cancer-free. I'm still playing softball; now coaching my own daughters, and living a healthy life filled with the blessings of family, friends, and faith.

***Thank you for your support of the T.E.A.L. fund; your donation makes a real difference.***

### OUR IMPACT

The T.E.A.L. Fund for Hope has provided financial support for



## ABOUT GYNECOLOGICAL CANCERS

Cancer of the cervix, the ovaries and the uterine or endometrial wall typically affect women ages 55-64 years. Risk factors for these types of cancer include family history of cancer, including breast and colon as well as gynecological cancers, obesity and use of estrogen. All women are at risk for gynecologic cancers, and risk increases with age.

*When gynecologic cancers are found early, treatment is most effective.*

## TYPES OF GYNECOLOGIC CANCER

**Cervical cancer** begins in the cervix, which is the lower, narrow end of the uterus. *(The uterus is also called the womb.)*

**Ovarian cancer** begins in the ovaries, which are located on each side of the uterus.

**Uterine cancer** begins in the uterus, the pear-shaped organ in a woman's pelvis where the baby grows when she is pregnant.

**Vulvar cancer** begins in the vulva, the outer part of the female genital organs.

**Vaginal cancer** begins in the vagina, which is the hollow, tube-like channel between the bottom of the uterus and the outside of the body.

## WHAT ARE THE SYMPTOMS?

Each gynecologic cancer is unique, with different signs, symptoms, risk factors, and different prevention strategies. All women are at risk for gynecologic cancers, and risk increases with age.

There is no way to know for sure if you will get a gynecologic cancer. That's why it is important to pay attention to your body and know what is normal for you, so you can recognize the warning signs or symptoms of gynecologic cancer. If you have vaginal bleeding that is unusual for you, talk to a doctor right away. Any vaginal bleeding after menopause needs to be reported to your doctor. If you have not yet gone through menopause but notice that your periods are heavier, last longer than normal for you, or if you're having unusual bleeding between periods, talk to your doctor.

*See a doctor if you have any other warning signs that last for two weeks or longer and are not normal for you. Symptoms may be caused by something other than cancer, but the only way to know is to see a doctor.*

| SYMPTOMS                                                           | CERVICAL<br>CANCER | OVARIAN<br>CANCER | UTERINE<br>CANCER | VAGINAL<br>CANCER | VULVAR<br>CANCER |
|--------------------------------------------------------------------|--------------------|-------------------|-------------------|-------------------|------------------|
| Abnormal vaginal bleeding or discharge                             |                    |                   |                   |                   |                  |
| Feeling full too quickly<br>difficulty eating                      |                    |                   |                   |                   |                  |
| Pelvic pain or pressure                                            |                    |                   |                   |                   |                  |
| More frequent or urgent<br>need to urinate and/or<br>constipation  |                    |                   |                   |                   |                  |
| Bloating                                                           |                    |                   |                   |                   |                  |
| Abdominal or back pain                                             |                    |                   |                   |                   |                  |
| Itching, burning, pain, or<br>tenderness of the vulva              |                    |                   |                   |                   |                  |
| Changes in vulva color or skin,<br>such as a rash, sores, or warts |                    |                   |                   |                   |                  |

Content source: Division of Cancer Prevention and Control, Centers for Disease Control and Prevention

## WHAT CAN I DO TO REDUCE MY RISK?

### HPV VACCINE

Some gynecologic cancers are caused by the human papilloma virus (HPV), a very common sexually transmitted infection. The HPV vaccine protects against the types of HPV that most often cause cervical, vaginal, and vulvar cancers. HPV vaccination prevents new HPV infections, but does not treat existing infections or diseases. This is why the HPV vaccine works best when given before any exposure to HPV. You should get screened for cervical cancer regularly, even if you received an HPV vaccine.

### GET TESTED

#### PAP TEST

Of all the gynecologic cancers, only cervical cancer has a screening test—the Pap test—that can find this cancer early, when treatment works best. The Pap test also helps prevent cervical cancer by finding precancers, cell changes on the cervix that might become cervical cancer if they are not treated appropriately.

#### HPV TEST

A test called the HPV test looks for HPV infection. It can be used for screening women aged 30 years and older.

## RECOGNIZE THE WARNING SIGNS

Since there is no simple and reliable way to screen for any gynecologic cancers except cervical cancer, it is especially important to recognize warning signs and learn if there are things you can do to reduce your risk. Talk with your doctor if you believe that you are at increased risk for gynecologic cancer. Ask what you might do to lower your risk and whether there are tests that you should have.



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