OVARIAN CANCER

LET'S BE AWARE

KNOW THE SYMPTOMS

General abdominal discomfort or pain (gas, indigestion, pressure, swelling, bloating, cramps)
Bloating and/or a feeling of fullness, even after a light meal
Nausea, diarrhea, constipation or frequent urination
Unexplained weight loss or gain
Loss of appetite
Abnormal vaginal bleeding
Unusual fatigue
Back pain
Pain during sex
Menstrual changes

These symptoms do not always mean you have ovarian cancer, but it's a good idea to discuss them with your health care provider if they:

Are new symptoms
Last more than a few weeks
Occur more than 12 times a month